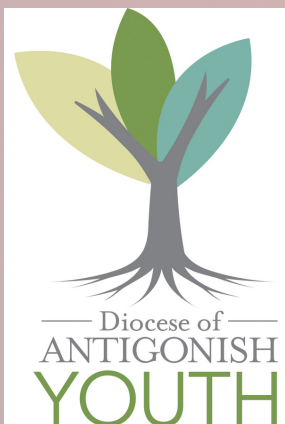


Turn hunger to
hope with our

Reverse Advent Calendar

Set up a box or basket
for your food bank,
then add a donation
a day Dec. 1-24.



Questions?

Contact
Norma Blinkhorn
902-202-2972

norma@dioceseofantigonish.ca



Suggested Donations

1. Box of Cereal
2. Peanut butter
3. Stuffing mix
4. Boxed potatoes
5. Mac and cheese
6. Canned fruit
7. Canned tomatoes
8. Canned tuna
9. Dessert mix
10. Jar of applesauce
11. Juice boxes
12. Cranberry sauce
13. Canned beans
14. Box of crackers
15. Package of rice
16. Package of oatmeal
17. Package of pasta
18. Spaghetti sauce
19. Chicken noodle soup
20. Tomato soup
21. Canned corn
22. Canned mixed vegetables
23. Canned carrots
24. Canned green beans