

Parafia p.w. Narodzenia Najświętszej Maryi Panny / St. Mary's Polish Parish
12 lipca 2026 / July 12, 2026

-Sunday, July 12, Mass at 9:30 am: Mass intention for Irene Melnick, from Stephanie Melnick Black.

*** NO WEDNESDAY NOONTIME MASS THIS WEEK** as Father Evo has another St. Theresa's funeral scheduled.

-Sunday, July 19, Mass at 9:30 a.m. Mass intention for Aniela Łubkowska from Janina MacCormack and family.

OGŁOSZENIA / Announcements

STO LAT! Birthday blessings to **Toni LaRusic**. Wishing lots of health and happiness!
Wszystkiego dobrego!

DZIĘKUJEMY! Thank you for the meaningful blessing and beautiful lunch last week. Thank you to everyone who brought a dish to share. Thank you to Sophie, Roddie and team for the coffee and tea.

Spiritual poems – Anna Kamieńska. Over the summer, we are looking for a few people to read some of Anna Kamieńska's poems (in English or Polish) and share a little bit about your favourite one in a September Zoom conversation during NS Polish Heritage Month. Her beautiful poems were deeply influenced by her spirituality, wartime experience, Christian ethics, experience with grief, and concern with the suffering of others.

Here's another Kamieńska's poem for reflection. It's called **"Those Who Carry"**:
*Those who carry pianos/ to the tenth floor / wardrobes and coffins / an old man who with a
bundle of timber limps beyond the horizon / a woman with a hump of nettles / a
madwoman pushing a pram / full of vodka bottles / they will all be lifted / like a gull's
feather like a dry leaf / like an eggshell a scrap of newspaper
Blessed are those who carry / for they shall be lifted*

Summer reading project in preparation for NS Polish Heritage Month (September): We've had several volunteer readers! Many thanks! Readers kindly agree to read one Polish best-

seller (it can be an English translation) by September. This is a project in cooperation with the Cape Breton Regional Library. We will give you a copy of your book to keep. Please speak with Tom Urbaniak.

RECORDING POLISH NURSERY RHYMES. As part of our collaboration with the NS *Read to Me!* Program we will spend part of September (NS Polish Heritage Month) recording nursery rhymes that will appear in a new Polish booklet that the *Read to Me* program will have available (and which will be officially released in September). Thank you to anyone who can lend their voice. The CBU recording studio has kindly agreed to help us.

NARODOWE CZYTANIE – DZIADY / FOREFATHERS’ EVE by Adam Mickiewicz. Our Cape Breton Polish community takes part in the international activity where Polish communities do readings from the same classic book. This year that book is *Dziady (Forefathers’ Eve)* by Adam Mickiewicz. Bob Lewandowski will introduce it in September – and we will have readings in November.

OUR POLISH-THEMED RADIO SEGMENTS – weekdays at 3:50 and 7:50 p.m. on The Coast Radio (FM 89.7). This coming week’s segment is about summer surówka salad . **This week is sponsored in memory of Alison Etter** (July 16 would have been Alison’s and Tom’s 10th wedding anniversary).

*Thank you for considering being a sponsor. Sponsorships are \$100-per-week (recognized on air) to support the St. Michael’s Polish Benefit Society.

FOOD CUPBOARD: Thank you for non-perishable items (collection box at entrance to church)

UKRAINIAN HUMANITARIAN ASSISTANCE: Thank you for recyclable bottles (being collected by Marjorie Ardelli and Paul MacKinnon). These can be placed near the side entrance. This fund-raising project alone is approaching \$9,000.

COLLECTION JULY 5: \$1,118, including \$50 for Ukrainian humanitarian assistance and \$100 for the Building Fund. RECENT IMO (in memory of contribution to the Building Fund): **IMO Mary and Peter Baryluk**, from Marianne Gates.

Donations can also be made directly to the parish (using a debit/credit card) securely online on CanadaHelps. Once on the CanadaHelps site, simply do a search for “St. Mary’s Polish Parish.” ***Thank you for your generosity to carry on the work of our parish!***

Candle cards (to acknowledge prayer intentions) are at the back of the church.

Mass intentions can be reserved Wednesday or Sunday after Mass by speaking with Jean Annette White.

****SOME IMPORTANT SEPTEMBER DATES TO NOTE:** **Sept. 1:** Sunrise prayers for peace (at dawn in our church); **Sunday, September 13:** We will mark the 10th anniversary of our rebuilt church and celebrate our parish feast day; **Saturday, September 26:** Cultural open house / inauguration of new Polish costume room at Polish Village Hall. We will also have walks, a library event, a film screening, a youth activity evening and more.

A heartfelt note of thanks to **John Morykot** for all the attentive lawn mowing.

PIEŚNI / HYMNS

Entrance:: Pod Twą obronę (For Thy Protection) Hymn #1 in the book in the pews, *Przez Pokolenia: Prayers and Customs of St. Mary's Polish Church.*

Offertory: Pan kiedyś stanął nad brzegiem (Lord, when you stood at the seashore)

-Pan kiedyś stanął nad brzegiem / Szukał ludzi gotowych pójść za Nim;/ By łowić serca
Słów Bożych prawdą.

*Ref.: O Panie, to Ty na mnie spojrzaleś,/ Twoje usta dziś wyrzekły me imię./ Swoją barwę
pozostawiam na brzegu,/ Razem z Tobą nowy zaczę dziś łów.*

-Jestem ubogim człowiekiem,/ Moim skarbem są ręce gotowe/Do pracy z Tobą
I czyste serce. *Ref.*

Communion: Pan Jezus już się zbliża (The Lord Jesus is Near) - choir

Post-Communion: "Serdeczna Matko" (Beloved Mother)

Serdeczna Matko, Opiekunko ludzi/ Niech Cię płacz sierot do litości wzbudzi./*Wygnańcy
Ewy do Ciebie wołamy,/Zlituj się, zlituj, niech się nie tułamy.[x2]*

Recessional: Ciebie Boże chwalimy (Holy God We Praise Thy Name)

Ciebie Boże chwalimy,/ Ciebie, Stwórcę wszechmocnego./ Ze wszystkich sił wielbimy.
Dawco wszystkiego dobrego,/ *w dobroci nieskończony,/ bądź na wieki chwalony*